

**COMMISSION ON AGING (COA)  
Earl W. Smith Senior Center  
25 Tremko Lane  
Minutes Monday May 1, 2023**

The meeting was called to order by Carole McCarthy at 10: am.

**Members present: Chair, Carole McCarthy, Charlene Armitage, Ester Jagodinski, Jane Martin, Jean McCarthy and Kit Eves, Agent for the Elderly. Absent, Catherine Sampson**

There was no correspondence.

Jean McCarthy moved and Jane Martin seconded to approve the minutes of April 6, 2023. Motion passed unanimously.

**Agent for the Elderly**

- **Kit reported that the center is a busy place with many activities going on. There will be a change in the food/meals area as the grab and go food distribution program will be discontinued. Sit down congregate meals are scheduled to start again. Kit is looking for someone to help serve these meals. It is hoped that we can start a food share program.**

**Old Business:**

- **Jean contacted Karla Vince from the Visiting Nurse and Health Services regarding a program for the upcoming months. An October date with the subject of memory games will be pursued.**
- **The May Health fair is on the 13<sup>th</sup>. Charlene will pick up the pizza, paid for by the Agent for Elderly budget, at the Red Rock Restaurant. Kit mentioned that presently we have 11 vendors participating. COA members will help with the fair.**
- **Charlene will have more information about the November Veterans Day event later in the fall. She will be looking into the entertainment for the event.**
- **COA Game Day activities were discussed. Pizza and drinks will be served at 12:30.**

**New business. The June 9th picnic was discussed. There was a concern about the summer heat for the health of the participants and food safety. We will look to the weather forecast and determine if the event will be primarily indoors or outdoors. We will look at the feasibility of using tents as protection from the sun. Kit will purchase the food. Jean McCarthy moved and Esther Jagodinsky seconded that the COA, this year, will contribute up to \$350 for the expenses of the picnic. Motion passed unanimously.**

**Persons to be heard: Carole mentioned that her research into how other towns utilize their COA Commissions was similar to what we do in Ashford.**

**Jane Martin moved and Esther Jagodinski seconded to adjourn at 11:30AM. Motion passed unanimously.**

**Jean McCarthy, Secretary**